

A Rule of Life - A Personal Rule

(A set of practices & relational rhythms that create space for us to become more like Jesus)

Tips: Keep it simple. This is not self help, this is about allowing Gods help, Reflect & review it often. Start where you are, not where you want to be. specific. Subtract more often then add, Consider your season of life. Choose both things you love but also things you find hard.

Stories you are hearing/Teaching you listen to?

Practices?

Community?

A Rule of Life - Small Tables

Helping our Christian Gatherings & Families be more intentional

Small Table values

Truth & Practice Eating & Feeding Predicable Patterns & Spirit Led

